

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Private Training (must schedule)	Private Training (must schedule)	Private Training (must schedule)	Private Training (must schedule)	Private Training (must schedule)	Private Training (must schedule)	FREE Filipino Martial Arts Seminar (Open to public Space is limited) 7:30 AM - 9:30 AM
TXO Fit Camp Strength & Conditioning Class 8:00 AM - 9:00 AM		TXO Fit Camp Strength & Conditioning Class 8:00 AM - 9:00 AM		TXO Fit Camp Strength & Conditioning Class 8:00 AM - 9:00 AM		
	* ACS Striking Beginner 9:00 AM - 10:00 AM		* ACS Striking Beginner 9:00 AM - 10:00 AM			
* ACS Grappling (No Gi) 10:00 AM - 11:30 AM	* ACS Striking Advanced 10:00 AM - 11:00 AM	* ACS Grappling (No Gi) 10:00 AM - 11:30 AM	* ACS Striking Advanced 10:00 AM - 11:00 AM	ACS Grappling (No Gi) 10:00 AM - 11:30 AM	Pablo Silva Comp BJJ Kid's Class (White Gi Only) 10:00 AM - 11:00 AM	
* United BJJ (No Gi) 12:00 PM - 1:00 PM	* United BJJ (White Gi Only) 12:00 PM - 1:00 PM	* United BJJ (No Gi) 12:00 PM - 1:00 PM	* United BJJ (White Gi Only) 12:00 PM - 1:00 PM	United BJJ (No Gi) 12:00 PM - 1:00 PM	Pablo Silva Comp BJJ Adult's Class (White Gi Only) 11:00 AM - 12:30 PM	Pablo Silva Comp BJJ Adult's Class (White Gi Only) 11:00 AM - 12:30 PM
Little Desperados (Kids Mixed Martial Arts) Ages 4-12 5:30 PM - 6:15 PM	TXO Fundamentals Ages 12 & Up 5:30 PM - 6:15 PM	Little Desperados (Kids Mixed Martial Arts) Ages 4-12 5:30 PM - 6:15 PM	TXO Fundamentals Ages 12 & Up 5:30 PM - 6:15 PM			TXO Yoga 3:00 PM - 4:00 PM
TXO Fight Camp (MMA Class) 6:25 PM - 7:55 PM	TXO Fight Camp (MMA Class) 6:25 PM - 7:55 PM	TXO Fight Camp (MMA Class) 6:25 PM - 7:55 PM	TXO Fight Camp (MMA Class) 6:25 PM - 7:55 PM	ACS MMA Comp Training 6:00 PM - 7:30 PM		TXO Toke & Choke (Open Mat Adults Only) 5:00 PM - 7:00 PM
TXO Chingasos Class (Striking Class) 8:00 PM - 9:00 PM	TXO Chingasos Class (Striking Class) 8:00 PM - 9:00 PM	TXO Chingasos Class (Striking Class) 8:00 PM - 9:00 PM	TXO Chingasos Class (Striking Class) 8:00 PM - 9:00 PM			
TXO Submission Grappling (No Gi) 8:00 PM - 9:00 PM	TXO Submission Grappling (No Gi) 8:00 PM - 9:00 PM	TXO Combat Sambo (No Gi) 8:00 PM - 9:00 PM	TXO Submission Grappling (No Gi) 8:00 PM - 9:00 PM	Fight Club Fridays (MMA Boxing & Kickboxing) 8:30 PM - 9:30 PM		